

Personal Information

Birth:1984/01/19

Tehran, Iran

Address: Physical medicine and rehabilitation ward, Shohada-e Tajrish hospital, Tajrish square, Tehran, Iran.

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Present Academic Rank and Positions

- Assistant professor of physical medicine and rehabilitation.
- Deputy head of education of physical medicine and rehabilitation ward, Shohadaye Tajrish hospital, Shahid Beheshti University of Medical Sciences.

Google H-Index: 2

Google G-Index: 3

SCOPUS H-Index: 2

SCOPUS G-Index: 3

Google articles: 8

SCOPUS articles: 3

Education

-M.D, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2011.

-Board diploma in Physical Medicine and rehabilitation, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2015.

Language

Reading, Writing, Speaking, Listening

-Persian (fluent, fluent, fluent, fluent)

-English (fluent, fluent, semi fluent, fluent)

Educational Activities

Assistant professor of physical medicine & rehabilitation, August 2017 till now.

Research Projects

- 1-The effect of repetitive transcranial magnetic stimulation on patients with focal hand dystonia.
- 2-The effect of repetitive transcranial magnetic stimulation on the freezing gate in patients with parkinsonism.
- 3-Assessment of small and large fiber neuropathy in patients referred to endocrine clinic in Shohada-e Tajrish hospital.
- 4-The effect of adding biofeedback to the pelvic floor strengthening exercises in patients with urinary incontinence

Papers

- 1- The Effect of High-Power and Low-Power Lasers on Symptoms and the Nerve Conduction Study in Patients With Carpal Tunnel Syndrome. A Prospective Randomized Single-Blind Clinical Trial. 2020
- 2- Interesting effectiveness of ozone injection for carpal tunnel syndrome treatment: A randomized controlled trial
- 3- Co-occurrence of trifid and bifid median nerves in a patient with bilateral carpal tunnel syndrome. 2015
- 4- Multifocal Neurologic Manifestation of Coronavirus Disease 2019 Infection: Report of 2 Cases. 2021
- 5- An Investigation of the Prevalence of Musculoskeletal Pain in Medical Staff in Three University Hospitals of Tehran, Iran: A Cross-Sectional Study. 2019
- 6- Efficacy of Pneumatic Collar versus Hard Collar on Cervical Radiculopathy. 2019
- 7- Lesion of Lateral Cutaneous Nerve of Forearm Following a Scorpion Bite in a Young Woman; A Case Report. 2019
- 8- Single Dose versus Weight Based Dose Intra Nasal Ketamine for ED Management of Acute Musculoskeletal Pain. 2015

Honor/Awards

4th rank of the Iran national Physical Medicine and Rehabilitation board examination, 1994.

Interested Research Field

- 1-- Electrodiagnosis
- 2-- Medical education
- 3-- Neuromusculoskeletal disorders
- 4--Pain syndromes
- 5-- Neuromusculoskeletal ultrasonography
- 6--Spasticity treatment
- 7-- Neurorehabilitation